A Three-Month (13 Weeks) Spending Plan

		Wk 1	Wk 2	Wk 3	Wk 4	Total	Wk 1	Wk 2	Wk 3	Wk 4	Total	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Total
Total Income																	
deduction	Federal tax																
	Local taxes																
	Soc. security																
	Pension																
	other																
Church & other contributions																	
housing	rent or mortgage																
	insurance																
	utilities																
	telephones																
	internet & TV, if any																
	furnishings, maintenance																
food	groceries																
	restaurants																
transportation	car payment																
	insurance & taxes																
	fuel & maintenance																
	public transport.																
health	life insur.																
	health insur.																
	medical																
	dental																
	vision																
Clothing																	
discre-tionary	travel																
	entertain.																
	recreatn																
	savings																
Other																	